

ROPES 9th-12th LUNCH MENU

OCT

MENU 2022

GEAR UP FOR SWIM CLASS



ANNOUNCEMENTS:
Every day 9th-12th grades are offered additional fruit.
***Juice is served daily.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3RD Breaded Drumstick, biscuit, garden salad, tomato cup, fresh fruit and milk variety
Burger choice

4TH Walking Taco, beans, fresh veggie cup, chilled pineapple, grain based dessert and milk variety
Hot Sandwich Choice

5TH Lasagna, breadstick, fresh broccoli, marinara sauce, cinnamon applesauce and milk variety
Pizza Choice

6TH Fiesta Bowl, celery, carrots, mixed fruit, sherbet cup and milk variety
Tex-Mex Choice

7TH Chicken parmesan, roll, savory green beans, corn, peaches and milk variety
Texas Basket Choice

10TH Oven fried chicken, roll, potatoes, tomato cup, fruit cup and milk variety
Burger choice

11TH Nachos grande, salsa beans, cucumbers, apricots, ice cream cup and milk variety
Hot Sandwich Choice

12TH Crispy chicken sandwich, fresh veggie cup, garden salad, fruity gelatin and milk variety
Pizza Choice

13TH Breaded pork chop, gravy, roll, broccoli, corn, mandarin oranges and milk variety

14TH Pizza choice, carrots, savory green beans, seasonal fruit, grain based dessert and milk variety / Texas Basket Choice

17TH Country fried steak, gravy, potatoes, okra, roll, strawberries and milk variety
Burger choice

18TH Chicken fajitas, beans, carrots, salsa, hot cinnamon apples, sherbet cup and milk variety
Hot Sandwich Choice

19TH Chicken alfredo breadstick, garden salad, savory green beans, peaches and milk variety / Pizza Choice

20TH Popcorn chicken, roll, corn, crunchy broccoli salad, fresh apple slices, grain based dessert and milk variety
Tex – Mex Choice

21ST Hot dog, potatoes, tomato cup, snowball salad and milk variety / Texas Basket Choice

24TH Enchiladas, beans, salsa, corn, orange smiles, pudding and milk variety
Burger choice

25TH Chicken N Waffles, fresh veggie cup, Potatoes, strawberries and bananas and milk variety
Hot Sandwich Choice

26TH Chicken nuggets, mac and cheese, carrots, squash, grapes and milk variety / Pizza Choice

27TH Hamburger/Cheeseburger, fries, tomato cup, garden salad, pears and milk variety / Tex-Mex Choice

28TH X-Treme Burrito, carrots, cucumbers, rosy applesauce, grain based dessert and milk variety/Texas Basket Choice

31ST Breaded Drumstick, biscuit, garden salad, **tomato cup, fresh fruit and milk variety

Burger choice



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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