

ROPES BREAKFAST MENU 2023

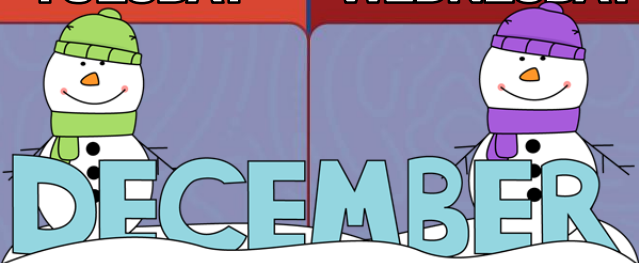
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



4TH Breakfast Pizza, fruit, juice and milk variety OR Cereal and toast

5TH French toast, sausage, fruit, juice and milk variety OR Breakfast strudel and chees stick

6TH
Teacher Work Day
No School

7TH Pancake wrap, yogurt, fruit, juice and milk variety OR Breakfast strudel and cheese stick

1ST Donut, sausage, fruit, juice and milk variety OR Cereal, toast

8TH Cinnamon roll, sausage, fruit, juice and milk variety OR cereal, toast

11TH Waffles, bacon, fruit, juice and milk variety 2ND Cereal and toast

12TH Breakfast combo, fruit, juice and milk variety OR Breakfast strudel and cheese stick

13TH Breakfast pizza, fruit, juice and milk variety OR Cereal and toast

14TH Oatmeal, cinnamon toast, fruit, juice and milk variety OR Breakfast strudel and cheese stick

15TH Donut, sausage, hash browns fruit, juice and milk variety OR Cereal and toast

18TH Sausage Kolache, yogurt, fruit, juice and milk variety OR Cereal and toast

19TH Cheese Omelet, fruit, juice and milk variety OR Breakfast strudel and cheese stick

20TH *Power breakfast:* biscuit, gravy, scrambled eggs, bacon, fruit, juice and milk variety OR Breakfast parfait



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HAPPY
Holidays



DEC
MENU 2023

SAN ANTONIO RIVERWALK



ANNOUNCEMENTS:

- Fat free milk is provided to Pre-K on a daily basis.



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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