

ROPES 9th-12th LUNCH MENU 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

JANUARY

8TH

Teacher Work Day

9TH Chicken-n-waffles, fresh veggie cup, potatoes, strawberries and bananas and milk variety OR Hot sandwich OR Chef salad

10TH Chicken nuggets, mac and cheese, carrots, squash, grapes and milk variety OR Pizza Choice

11TH Hamburger/Cheeseburger , fries, tomato cup, garden salad, pears and milk variety OR Tex-Mex Choice OR Tuna salad

12TH X-treme burrito, corn, cucumbers, rosy applesauce, grain based cookie and milk variety OR Texas Basket

15TH Breaded drumstick, biscuit, garden salad, sweet potatoes, seasonal fresh fruit and milk variety OR Burger Choice

16TH Frito pie, beans, fresh veggie cup, chilled pineapple, grain based cookie and milk variety OR Hot sandwich OR Chef salad

17TH Lasagna, breadstick, broccoli, marinara sauce, cinnamon applesauce and milk variety OR Pizza Choice

18TH **Early Release Ham & Cheese sandwich, fruit, veggie and milk variety (mustard, mayo, ranch)**

19TH Steak fingers, gravy, savory green beans, corn, peaches and milk variety OR Texas Basket

22ND Oven fried chicken, roll, potatoes, tomato cup, fruit cup and milk variety OR Burger Choice

23RD Quesadilla, salsa, beans, cucumbers, apricots, ice cream cup and milk variety OR Hot sandwich OR Chef salad

24TH Crispy Chicken sandwich, fries, fresh veggie cup, garden salad, fruity gelatin OR Pizza Choice

25TH Breaded pork chop, gravy, roll, broccoli, corn, mandarin oranges and milk variety OR Tex-Mex Choice OR Chicken salad

26TH Cheeseburger macaroni, roll, carrots, savory green beans, seasonal fresh fruit, grain based cookie and milk variety OR Texas Basket

29TH Fish sticks, potatoes, okra, roll, strawberries and milk variety OR Burger Choice

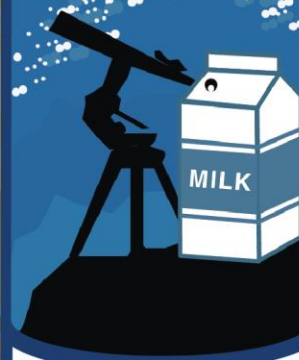
30TH Chicken fajitas, Spanish rice, beans, carrots, salsa, hot cinnamon apples, sherbet cup and milk variety OR Hot sandwich OR Chef salad

31ST Chicken alfredo, breadstick, garden salad, savory green beans, peaches and milk variety OR Pizza Choice

JAN

MENU 2024

BIG BEND STATE PARK



ANNOUNCEMENTS:

- *** An additional ½ cup of fruit is offered daily in the form of juice
- • Sunbutter sandwiches will be available daily



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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